CEZAR GIOSAN

[www.giosan.com](http://www.giosan.com)

EDUCATION

**New School for Social Research, New York, NY - *Ph.D. Psychology*** **2000 - 2003**

* Title of PhD dissertation: “Antecedents of job embeddedness”

**New School for Social Research, New York, NY - *M.A. Psychology* 1998 - 2000**

* Title of M.A. thesis: “Perception of Mental Disorder in Laypeople - A Cross-Cultural Study”

(published in *Transcultural Psychiatry*)

**University of Bucharest, Bucharest, Romania - *Graduate work in I/O / B.A. Psychology* 1994 - 1998**

* Completed Ph.D. academic coursework in industrial psychology.
* Held seminars on leadership, communication, recruiting techniques, and organizational change.

**Polytechnic University of Bucharest** - ***M.S. Mechanical Engineering*** **1989 - 1994**

**WORK**

**University of Bucharest, Romania**

*- Doctoral Supervisor (Dr. Habil.), Doctoral School / Lecturer* **2014 – pres.**

*- Head, Center for Applied Psychology (www.appliedpsychology.ro)*

* Supervise PhD students.
* Teach Master/PhD level courses (e.g., clinical psychology)
* Conduct and supervise research on various aspects of human behavior.

**Berkeley College, School of Liberal Arts, New York, NY**

*Professor of Psychology* **2002 – 2019**

* Teach undergraduate psychology courses.
* Conduct research.

**Babeş-Bolyai University, Department of Clinical Psychology 2010 - 2017**

*Senior Researcher*

* Clinical research on depression.
* Principal Investigator in two Randomized Clinical Trials, totaling over $1M in grant funding.

**Weill Medical College of Cornell University, Department of Psychiatry**

(1) *Assistant Professor of Psychology***2007 - 2009**

(2*) Instructor of Psychology***2004 - 2007**

(3) *Postdoctoral Fellow***2003 - 2004**

* Longitudinal research on consequences of trauma (e.g., PTSD, depression)
* Research on Darwinian fitness, Life History and psychopathology.
* Research on applications of Virtual Reality to the treatment of anxiety disorders.

**Mercury Research, Bucharest, Romania 1996-1998**

*Human Resources Manager*

* Involved in all personnel aspects (recruiting, organizational development, compensation policies).

**ACADEMIC METRICS**

* Google Scholar: <https://bit.ly/2RXovzC>
* h-index = 17
* i10-index = 26
* Approx. 1200 citations

**GRANTS**

**1. Title**: *"Dcombat*: A Computerized Preventative and Therapeutic Intervention for Depression."

**Role:** Principal Investigator

**Funding Agency**: CNCS-UEFISCDI, **Grant numbe**r: [EEA-JRP-RO-NO-2013-1-0358](http://research.ro/uploads/aa-see-grants/proiecte/finantate/proiecte_finantate_see-afisare_socio_umane.pdf)

**Amount**: ~$1,000,000 (700,000 Euros) as of July 2014.

**Duration**: July 1, 2014 - May 1, 2017.

**Website**: [www.BeatSadness.com](http://www.BeatSadness.com)

**2. Title**: “Darwinian Psychotherapy: A Clinical Trial for an Evolutionary-Driven Type of Intervention for Depression.”

**Role:** Principal Investigator

**Funding Agency**: CNCS-UEFISCDI, **Grant numbe**r: [PN-II-ID PCE 2011-3-0230](http://uefiscdi.gov.ro/userfiles/file/PN%20II_PCE_Competitia%202011/REZULTATE%20PRELIMINARE/PCE_Rezultate%20preliminare%20Stiinte%20Sociale.pdf).

**Amount**: ~$450,000.

**Duration**: November 2011 - October 2016.

**Website**: [www.DarwinianPsychotherapy.com](http://darwinianpsychotherapy.com/)

**3. Title**: "Virtual reality exposure therapy for the treatment of posttraumatic stress disorder following September 11, 2001"

**Role:** Team member

**Principal Investigator:** JoAnn Difede, PhD

**Grant mechanism**: [R21MH6216S/MH/NIMH NIH HHS/United States](https://www.ncbi.nlm.nih.gov/pubmed?term=R21MH6216S/MH/NIMH+NIH+HHS/United+States%5bGrant+Number%5d)

### PAPERS UNDER REVIEW OR IN PREPARATION

\*: Corresponding author

Burtaverde, V., Jonason, P.K., **Giosan, C.**, & Ene, C. (under review). Why do people watch porn? An evolutionary perspective on the reasons for pornography consumption. Archives of Sexual Behavior (under review).

**Giosan, C.** & Muraru, M. (in preparation). An evolutionary-driven computer simulation of the emergence of stable PTSD prevalence in a population. (in preparation).

Seteanu, S. & **Giosan, C.\*** (under review). Adverse childhood experiences in parents and their effects on adult children. Journal of Family Issues (under review).

Gaianu, A., **Giosan, C.\***, & Sarbescu, P. (under review). Theory of Planned Behavior: a path from Personality Traits to Traffic Violations. Journal of Safety Research. (under review).

**Giosan, C.** & Iliescu, D. (in preparation). Prevalence and costs of mental disorders in Romania. (in preparation).

### PEER-REVIEWED PUBLICATIONS

Seteanu, S. & **Giosan, C.\*** (2020). Adverse childhood experiences in fathers and the consequences in their children. *Professional Psychology: Research and Practice* (in print).

Malta, L. S., **Giosan, C.**\*, Szkondny, L. E., Altemus, M. M., Rizzo, A. A., Silbersweig, D. A., & Difede, J. (in print). Development of a Virtual Reality laboratory stressor. *Virtual Reality*. DOI: 10.1007/s10055-020-00455-5.

**Giosan, C.**, Cobeanu, O., Wyka, K., Mureşan, V., Mogoaşe, C., Szentagotai, A., Malta, L.S., & Moldovan, R. (in print). Cognitive evolutionary therapy versus standard cognitive therapy for depression: A randomized clinical trial. *Journal of Clinical Psychology, 76,* 1818-1831*.* DOI: 10.1002/jclp.22991

Malta, L. S., **Giosan, C.**\*, Szkondny, L. E., Altemus, M. M., Rizzo, A. A., Silbersweig, D. A., & Difede, J. (2020). Predictors of involuntary and voluntary emotional episodic memories of Virtual Reality scenarios in veterans with and without PTSD. *Memory*. DOI: <https://doi.org/10.1080/09658211.2020.1770289>.

Gaianu, A., **Giosan, C.**\*, & Sarbescu, P. (2020). From trait anger to aggressive violations in road traffic. *Transportation Research Part F: Psychology and Behavior*. 70, 15-24. DOI: <https://doi.org/10.1016/j.trf.2020.02.006>.

David, O., David, D., Mogoaşe, C., Popescu, L., **Giosan, C.,** & Pellegrino, A. (2019). Psychological effects and brain correlates of a rose-based scented cosmetic cream. *Journal of Sensory Studies*. Vol 34: e12436. DOI: <https://doi.org/10.1111/joss.12536>

**Giosan, C.**, Wyka, K., Mogoaşe, C., Cobeanu, O., & Szentagotai, A. (2018). The Evolutionary Fitness scale: A measure of the independent criterion of fitness. *EvoS Journal: The Journal of the Evolutionary Studies Consortium*, *7*(1), 181–205.

**Giosan, C.**, Cobeanu, O., Mogoaşe, C., Szentagotai, A., Mureşan, V., & Boian, R. (2017). Reducing depressive symptomatology with a smartphone app: study protocol for a randomized, placebo-controlled trial. *Trials*, *18*(1), 215. https://doi.org/10.1186/s13063-017-1960-1

**Giosan, C.**, Cobeanu, O., Mogoaşe, C., Tătar, A. S., Mureşan, V., & Boian, R. (2016). Using a smartphone app to reduce cognitive vulnerability and mild depressive symptoms: Study protocol of an exploratory randomized controlled trial. *Trials*, *17*(1), 609. https://doi.org/10.1186/s13063-016-1740-3

Mogoașe, C., Cobeanu, O., David, O., **Giosan, C.**, & Szentagotai, A. (2017). Internet-based psychotherapy for adult depression: what about the mechanisms of change? *Journal of Clinical Psychology*, *73*(1), 5–64. https://doi.org/10.1002/jclp.22326

Avram, E., Podina, I. R., & **Giosan, C.** (2016). A cognitive-behavioral standpoint on the perceived consequences of a major seismic event in relation to optimism and pre-hazard emotional distress. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, *34*(2), 114–124. https://doi.org/10.1007/s10942-015-0231-x

**Giosan, C.**, Muresan, V., & Moldovan, R. (2014). Cognitive evolutionary therapy for depression: a case study. *Clinical Case Reports*, *2*(5), 228–236. https://doi.org/10.1002/ccr3.131

**Giosan, C.**, Malta, L. S., Wyka, K., Jayasinghe, N., Evans, S., Difede, J., & Avram, E. (2015). Sleep disturbance, disability, and posttraumatic stress disorder in utility workers. *Journal of Clinical Psychology*, *71*(1), 72–84. https://doi.org/10.1002/jclp.22116

**Giosan, C.**, Cobeanu, O., Mogoase, C., Muresan, V., Malta, L. S., Wyka, K., & Szentagotai, A. (2014). Evolutionary cognitive therapy versus standard cognitive therapy for depression: a protocol for a blinded, randomized, superiority clinical trial. *Trials*, *15*(1), 83. https://doi.org/10.1186/1745-6215-15-83

**Giosan, C.** (2013). ‘Slow’ reproductive strategy: A negative predictor of depressive symptomatology. *Australian Journal of Psychology*, *65*(3), 156–162. https://doi.org/10.1111/ajpy.12016

Cukor, J., Wyka, K., Mello, B., Olden, M., Jayasinghe, N., Roberts, J., **Giosan, C.**, Crane, M., & Difede, J. (2011). The longitudinal course of PTSD among disaster workers deployed to the World Trade Center following the attacks of September 11th. *Journal of Traumatic Stress*, *24*(5), 506–514. https://doi.org/10.1002/jts.20672

Cukor, J., Wyka, K., Jayasinghe, N., Weathers, F., **Giosan, C.**, Leck, P., … Difede, J. (2011). Prevalence and predictors of posttraumatic stress symptoms in utility workers deployed to the World Trade Center following the attacks of September 11, 2001. *Depression and Anxiety*, *28*(3), 210–217. https://doi.org/10.1002/da.20776

**Giosan, C.**, & Wyka, K. (2009). Is a successful High-K fitness strategy associated with better mental health? *Evolutionary Psychology*, *7*(1), 28–39. https://doi.org/10.1177/147470490900700104

**Giosan, C.**, Malta, L., Jayasinghe, N., Spielman, L., & Difede, J. (2009). Relationships between memory inconsistency for traumatic events following 9/11 and PTSD in disaster restoration workers. *Journal of Anxiety Disorders*, *23*(4), 557–561. http://dx.doi.org/10.1016/j.janxdis.2008.11.004

Evans, S., Patt, I., **Giosan, C.**, Spielman, L., & Difede, J. (2009). Disability and posttraumatic stress disorder in disaster relief workers responding to September 11, 2001 World Trade Center disaster. *Journal of Clinical Psychology*, *65*(7), 684–694. https://doi.org/10.1002/jclp.20575

Malta, L. S., Wyka, K. E., **Giosan, C.**, Jayasinghe, N., & Difede, J. (2009). Numbing symptoms as predictors of unremitting posttraumatic stress disorder. *Journal of Anxiety Disorders*, *23*(2), 223–229. http://dx.doi.org/10.1016/j.janxdis.2008.07.004

Jayasinghe, N., **Giosan, C.**, Evans, S., Spielman, L., & Difede, J. (2008). Anger and posttraumatic stress disorder in disaster relief workers exposed to the 9/11/01 World Trade Center disaster: One-year follow-up study. *The Journal of Nervous and Mental Disease*, *196*(11), 844. https://doi.org/10.1097/NMD.0b013e31818b492c

**Giosan, C.**, & Vintila, I. (2008). Psihologia evolutionista - O noua perspectiva in stiintele psihicului. *Revista de Psihologie a Academiei Romane*, *54*(1–2), 1–5.

Difede, J., Cukor, J., Jayasinghe, N., Patt, I., Jedel, S., Spielman, L., **Giosan, C.**, & Hoffman, H. (2007). Virtual reality exposure therapy for the treatment of posttraumatic stress disorder following September 11, 2001. *Journal of Clinical Psychiatry*, *68*(11), 1639–1647. http://psycnet.apa.org/doi/10.4088/JCP.v68n1102

**Giosan, C.** (2006). High-K strategy scale: A measure of the High-K independent criterion of fitness. *Evolutionary Psychology*, *4*(1), 394–405. https://doi.org/10.1177/147470490600400131

Leck, P., Difede, J., Patt, I., **Giosan, C.**, & Szkodny, L. (2006). Incidence of male childhood sexual abuse and psychological sequelae in disaster workers exposed to a terrorist attack. *International Journal of Emergency Mental Health*, *8*(4), 267–2747.

Difede, J., Cukor, J., Patt, I., **Giosan, C.**, & Hoffman, H. (2006). The application of virtual reality to the treatment of PTSD following the WTC attack. *Annals of the New York Academy of Sciences*, *1071*(1), 500–501. https://doi.org/10.1196/annals.1364.052

Jayasinghe, N., **Giosan, C.**, Difede, J., Spielman, L., & Robin, L. (2006). Predictors of responses to psychotherapy referral of WTC utility disaster workers. *Journal of Traumatic Stress*, *19*(2), 307–312. https://doi.org/10.1002/jts.20113

Evans, S., **Giosan, C.**, Patt, I., Spielman, L., & Difede, J. (2006). Anger and its association to distress and social/occupational functioning in symptomatic disaster relief workers responding to the September 11, 2001, World Trade Center disaster. *Journal of Traumatic Stress*, *19*(1), 147–152. https://doi.org/10.1002/jts.20107

**Giosan, C.**, Holtom, B., & Watson, M. (2005). Antecedents of job embeddedness: The role of individual, organizational and market factors. *Revista de Psihologie Organizationala*, *5*(2–4), 31–44.

Jayasinghe, N., Spielman, L., Cancellare, D., Difede, J., Klausner, E., & **Giosan, C.** (2005). Predictors of treatment utilization in world trade center attack disaster workers: role of race/ethnicity and symptom severity. *International Journal of Emergency Mental Health*, *7*(2), 91.

**Giosan, C.** (2004). Altruistic behavior toward infants in biologically significant situations. *Psychology and Education - An Interdisciplinary Journal*, *41*(1), 30–34.

Kramer, M., Brown, A., Spielman, L., **Giosan, C.**, & Rothrock, M. (2004). Psychological reactions to the National Terror-Alert system. *The Id: Graduate Faculty, Psychology Society Bulletin*, *1*(1), 67–70.

**Giosan, C.** (2003). Antecedents of Job Embeddedness. PhD dissertation, New School University.

Haslam, N., & **Giosan, C.** (2002). The lay concept of “mental disorder” among American undergraduates. *Journal of Clinical Psychology*, *58*(4), 479–485.

**Giosan, C.**, Glovsky, V., & Haslam, N. (2001). The lay concept of ‘mental disorder’: A cross-cultural study. *Transcultural Psychiatry*, *38*(3), 317–332. https://doi.org/10.1177/136346150103800303

**Giosan, C.**, & Haslam, N. (2001). Common meaning of “mental disease” concept. *Psihiatria Si Psihofarmacologia Prezentului*, *1*, 22–30.

**Giosan, C.** (1995). Iluziile perceptive in noile orizonturi ale psihologiei. *Univers Psycho*, *5*(2), 5–8.

Manzat, I., & **Giosan, C.** (1995). Synergetic psychology: A new perspective. *Psychology: A Journal of Human Behavior*, *32*(2), 5–8.

Manzat, I., & **Giosan, C.** (1994). Un proiect experimental de dezvoltare a gandirii stiintifice la studenti. *Revista de Psihologie a Academiei Romane*, *40*(3), 185–196.

**CONFERENCES**

Over 50 conference presentations. For full list, visit [www.giosan.com](http://www.giosan.com)

**BOOKS**

**Cezar Giosan**. (2020). Evolutionary psychology and counseling and psychotherapy. In Todd K. Shackelford (Ed.), *The SAGE Handbook of Evolutionary Psychology*. SAGE. ISBN: 9781526489166

**Cezar Giosan** (2020). *Cognitive Evolutionary Therapy for Depression*. Springer International Publishing. ISBN 978-3-030-38873-7.

**Cezar Giosan**. (2014). Retentia de personal (Personnel retention). In Eugen Avram (Ed.), *Psihologia Sanatatii Organizationale* (Vol. 2, pp. 9–24). Bucharest: Editura Universitara.

**Cezar Giosan**. (2016). Infidelitatea (Infidelity). In **Cezar Giosan** (Ed.), *Psihologia evolutionista. Modele teoretice si cercetari actuale (Evolutionary Psychology. Theoretical models and current developments)* (pp. 99–121). Bucharest: Editura Universitara.

**Cezar Giosan**. (2016). Modul de adaptare al speciei umane (Adaptations of the human species). In **Cezar Giosan** (Ed.), *Psihologia evolutionista. Modele teoretice si cercetari actuale (Evolutionary Psychology. Theoretical models and current developments)* (pp. 9–24). Bucharest: Editura Universitara.

**Cezar Giosan** (Ed.). (2016). *Psihologia evolutionista. Modele teoretice si cercetari actuale (Evolutionary Psychology. Theoretical models and current developments)*. Bucharest: Editura Universitara.

**Cezar Giosan**. (2016). *Psihopatologie evolutionista (Evolutionary Psychopathology)* (1st ed.). Bucharest: TREI.

**Cezar Giosan**, & Cristina Codreanu. (2015). *Problematica HIV/SIDA. Aspecte medicale si psihologice (HIV/AIDS issues. Medical and psychological aspects)*. Bucharest: Editura Universitara.

JoAnn Difede, Judith Cukor, Ivy Patt, **Cezar Giosan**, & Hunter Hoffman. (2006). The application of virtual reality to the treatment of PTSD following the WTC attack. In Rachel Yehuda (Ed.), *In Psychobiology of posttraumatic stress disorder: A decade of progress* (1st ed., Vol. 1071, pp. 500–501). Wiley Blackwell.